

POSTSEDATION INSTRUCTIONS

1. Go home and rest for the remainder of the day.
2. Do NOT perform any strenuous activities. You should remain in the company of a responsible adult until you are fully alert.
3. Do not attempt to eat a heavy meal immediately. If you are hungry, a light diet (liquids or soft foods) should be more than adequate.
4. A feeling of nausea may occasionally develop after IV or IM sedation. The following may help you to feel better:
 - a. Lying down for a while
 - b. A carbonated beverage (ex. 7-Up)

If nausea persists for more than 4 hours for adults or 1 hour for children, call the dentist who provided the sedation.

5. Do not drive a car or perform any hazardous tasks for the remainder of the day.
6. Do not take any alcoholic beverages for the remainder of the day.
7. If you have any unusual problems or any questions you may call 907-333-6666.

Patient's Signature: _____ Date: _____